

# **Project aims**

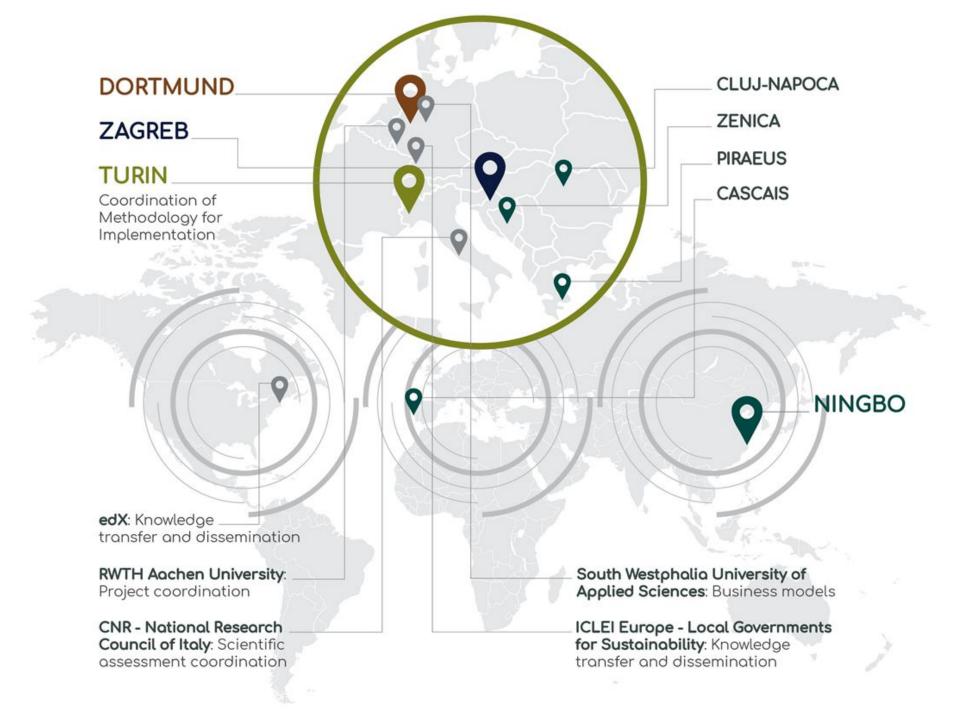
- Nature-based solutions for post-industrial regeneration
- •Front-runner cities implement Living Labs together with local citizens, research institutions, businesses and NGOs
- •Follower cities replicate the nature-based solutions
- •Spread awareness of the potential of nature-based solutions

- •8 cities
- •34 partners
- •8 nature-based solutions



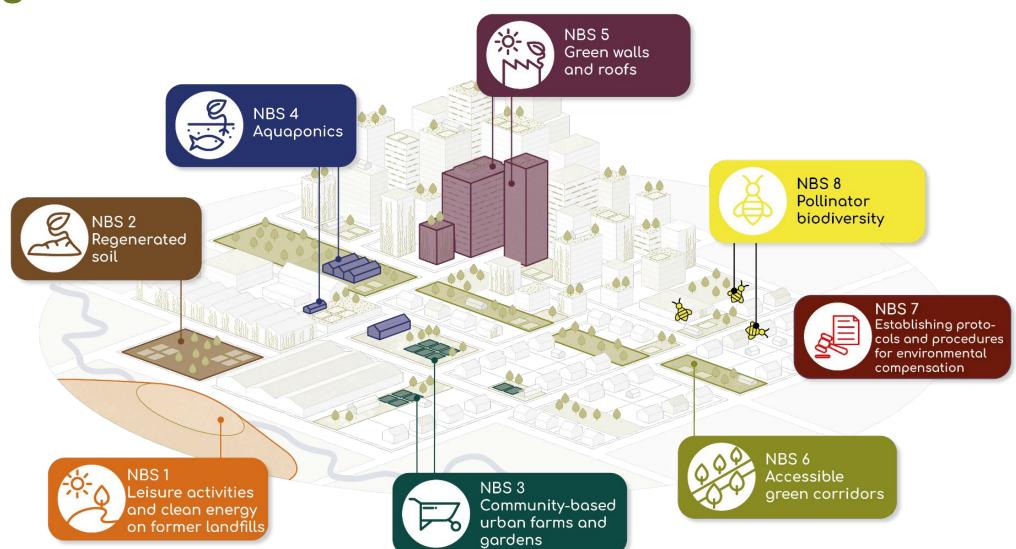


# Project overview





# **NBS**



# proGlreg

### Legenda | Legend

Nature based solutions



NBS 2: Regenerating soil





Migliorare l'accessibilità ai



Processi di compensazione ombientale NBS 7: ICT Tools



Insetti impollinatori e hindiversità



Realizzato





Programmato

### Colour palette

Fiumi/laghi

Productive Green Infrostructure for



This work was financially supported by the National Key Research and Development Program of Chi-

# My proGlreg

### Virtual tour:

9 steps all around our



### Web gis map



Soluzioni nature based



Orticoltura di comunità NBS 3: Community urban gardening and farming



Acquaponica



NBS 5: Green roofs and vertical gardens





NBS 8: Pollingtor biodiversity

### Stato di implementazione



in progress



### Legenda dei colori

Aree industriali

Confini del Living Lab Living Lab area boundary

### Scale: 1: 10000

post-industrial urban regeneration (proGlreg)



ment no. 776528.

### Rigenerazione di suolo





NBS 4: Aquaponics

corridoi verdi



Tetti verdi e verde verticale



NBS 6: Improving accessibility to green corridors



### Implementation status





In corso



Parchi/aree verdi

Zone boschive Forest

Map by Politecnico di Torino, Dep. Architecture and Design



# Mappa del Living Lab | Living Lab map

### Obiettivi e vision generale del LL

Rigenerore e valorizzare le aree insicure o abbandonate del quartiere di Mirafiori coinvolgendo i cittadini nella progettazione e gestione di spazi verdi pubblici.

Promuovere nuove professionalità e modelli di business basati sulle soluzioni naturali.

Valorizzare i benefici multipli (sociali ecologici, economici e per la salute) delle soluzioni naturali inserendole negli strumenti di pianificazione e rigenerazione

### Dettaali sulla NBS 2 | Details on NBS 2



Recupero rovine Costello di Mirofiori Costello di Mirofiori ruins recovery



# Descrizione Orti individuali e callettivi denerali. assegnati con contributo spesa ai Description: Collective gardens singalicittadini, area diduttaca camune per attività formative e associative. Partner: Orti Generali

### Giardini fioriti al WOW. Partners: Orti Alti, Fondazione Partners: Orti Alti, Fondazione Mirafiori, Miravolante, Città di Torino.

### Orto a scuola in cassone.

# Orto tra le case.

### Gardens between houses. Descrizione: Pasa di cassoni fissi per Description: Placing of fixed orticoltura urbana. Partner: Fond. Mirafiori, Miravolante. Partners: Fond. Mirafiori, Miravolante.

Produzione di nuovo suolo rigenerato
New Soil production in Sangone
nel Parco Sangone. Descrizione Creazione di un'area di Descrizione Creation of an area foresta urbana l'ungo le sponde del or furban foresti along in the banks Songane attraversa futilizza di sudo i rigenerato (New Soil), a base di inerti regenerato soil (New Soil), basea di proprie e compost de PORSU e bistiminalati

Partners: Dual, Envipark (Acea e ccs come terze part), Unito (DISAFA e Dip. Chimico), Città di Toria, Unito (DISAFA and Dip. Chimico), Città di Toria

Dettagli sulla NBS 3 | Details on NBS 3 COMMUNITY-BASED URBAN FARMS AND GARDENING ON POST-INDUSTRIAL SITES

Descrizione: Trasformazione paesag-gistico per valoritzazione ana di inte-resse storico-ambientale.



## Orti Generali. Descrizione: Orti individuali e callettivi Generali).

### Pollinator friendly gardens at WOW. Descrizione: Giardino in cassone e arnie. Description: Box gardens and beehives.

## School garden in box. Orto a scuola in cassone. Descrizione Realizzazione o integrobescrizione Realizzazione o integrotione di orti disattici in cassone e di tione di ette disattici in cassone e di tione di ette di controli di

### Portners: Fondazione Miraflori, Miro-volonte, Unito (DBlos e DISAFA).

Forniture di uno stock di cossette Supply of a stock of wood cassettes per la realizzazione di "micro-arti" e for the realization of "micro-garden" compostiere per le scuole e corso and composters for schools and practica Partners: Iter, Unito (DBios e DISAFA). Partners: Iter, Unito (DBios e DISAFA).

Community school gardens. Descrizione: Orto didattico in Description: Vegetable garden in acosone.



Green corridor. Descrizione: Realizzazione di un Description: Creation of a green and percorsa verde e pollinator friendly. Partner: City of Turin.

### Dettagli sulla NBS 6 | Details on NBS 6



Valorizzazione del patrimonio naturalistico nel corridoio verde, in green corridor.

Descrizione Potenziore la fruizione dell'area naturalistica 6.1 per pornuovere l'ultizza della pista ciclabiletramite segnaleticoverticale e arredo untotano, establica del produce del pr

### Partner: Fondazione Mirofiori



Partenariato strategico pubblico-privato per il verde in città di Descritiones identificare, raccagliero Descritiones identificare, raccagliero Descritiones identificare di concrete straticione di migliorore il adiamministrazione di migliorore il dontrimonio verde della città graide per la concrete per partenaria di proposito di postiminaria del proposito per la concrete per la concrete della città per la concrete della città per la concrete per la concrete della città per la concrete per la concrete della città per la concrete per la Partenariato strategico pubblico-privato per il verde in città

## Partner: Città di Torino.



centri per disobili mentoli.

Descrizione: Realizzazione di un carsa e di vorie attività formative sulla vita della forfalla. Supporto alla realizzazione delgiardino della crista il mentodo di silvazione della realizzazione delgiardino della crista di mentodo del di metodo del di la realizzazione della realizzazione delgiardino della crista di metodo del di la realizzazione della rea

Partners: Unita (DBios) e Unita (DISAFA).

### Partner locali proGlreg (e altri importanti stakeholders) Local proGIreg partners (and other important stakeholders)









Portner Città di Torino

Partners: Unito (DBios) e Unito (DISAFA).





### Email: progireg@la.rwth-aachen.de Website: www.proGlreg.eu from the European Union's Horizon 2020 research and innovation programme under grant agree-

# no (2017YFE0119000).

### Portners: Iter, Liceo Scientifico Primo Levi, Unito (DBios e DISAFA) Portners: Iter, Liceo Scientifico Primo Levi, Unito (DBios e DISAFA) Dettaali sulla NBS 6 | Details on NBS 6 Corridoio verde.

### Description: Realizazione di un tetto Description: Realization of ar verde estensivo sull'edificio WOW. Partners: OrtiAlti, Ciltà di Tarino. Partners: OrtiAlti, City of Turin.

Dettagli sulla NBS 4 | Details on NBS 4

Test di acquaganica.

Portner: Città di Torino

Dettagli sulla NBS 5 | Details on NBS 5

AQUAPONICS AS SOIL-LESS AGRICOLTURE FOR POLLUTED SITES

pubblico attualmente abbandonato. site.

Test di acquapanica.

Descrizione: Sistema di acquapanica Descrizione: Small-scale community

su piccola scala, progettato dalla designed aquaponics system, to comunità, e installato in un sito be set up on an abondoned public

Nuovo tetta verde Casa Nel Parco. New green roof at Casa nel Parco. Description: Ripristino dell'accesso del tetto verde di Casa Nel Parco del tetto verde di Casa Nel Parco green roof access

Partner coinvolto: Città di Iorino, Partners: City of Iurin, Fondazione Fondazione Mirafiori.

Descrizione Parete indoor consistema Descrizione Parete indoor voll. with a vaschette estraibili. Progettazione parete parete co-gestione per la cura portecipata e co-gestione per la cura polele pareti con coinvolgimento di studente personale scolastico.

Partnes: Città di Torino, Politecnico Partners: City of Turin, Politecnico di Torino (DAD e DIATI).

Parete verde dormitorio senzatetto.

Descritione Perete verde autogrande le seription: Coulcara self-supporting esterno, convaschellerimovibilietosche green vall, vitin removable tryos and in fettor. Progetazione per la curvo delle pareti concolinare, posterio della protectiona del

Parete verde dormitorio senzatetto. Green wall at homeless shelter.

Partner: City of Turin..

# **NBS2: New soil production by Sangone Park**



# **Description**

Creation of an area of "urban forest" along the banks of the Sangone river through the use of regenerated soil (New Soil), based one excavated material with the addition of compost from FORSU, zeolites and innovative biostimulants.

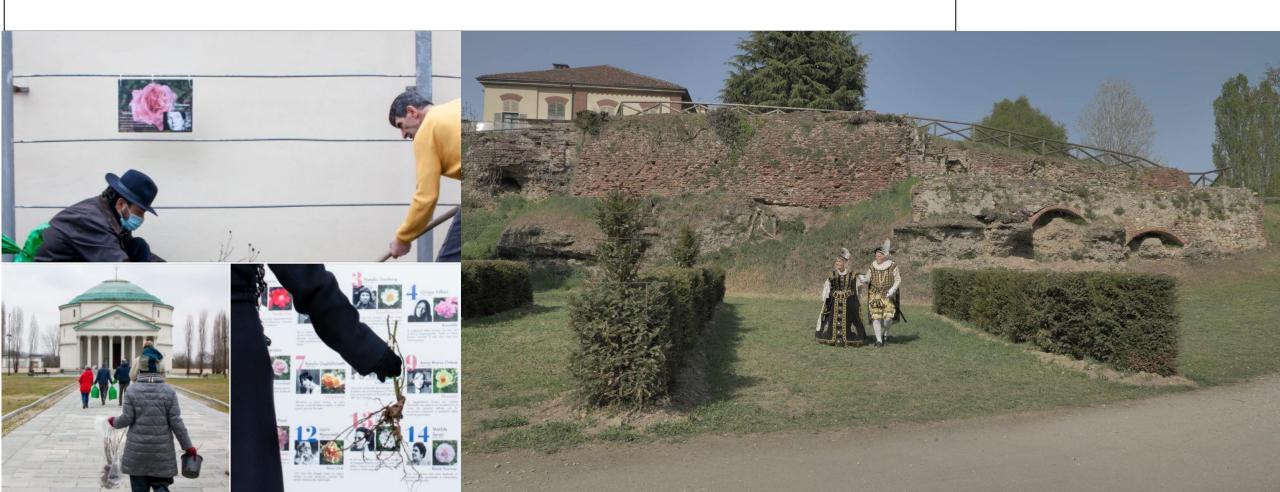


# **NBS 3.1: Castello di Mirafiori ruins recovery**

# **Description**

Landscape transformation, through new plants and signposting, to enhance the **area** of historical-environmental interest (green area adjacent to the ruins of the Castle of Mirafiori and the altar inside the area of the Bela Rosin Mausoleum).





# NBS 3.2: Gardens in Cascina Piemonte (Orti Generali)



# **Description**

Collective gardens rented to individual citizens, **common** educational area for training and community activities.160 gardens of different charges and sizes have been realized and 330 trees planted. Gardens are assigned to private citizens, families or collectives, with lower charges for people under 35 and for economically disadvantaged people.

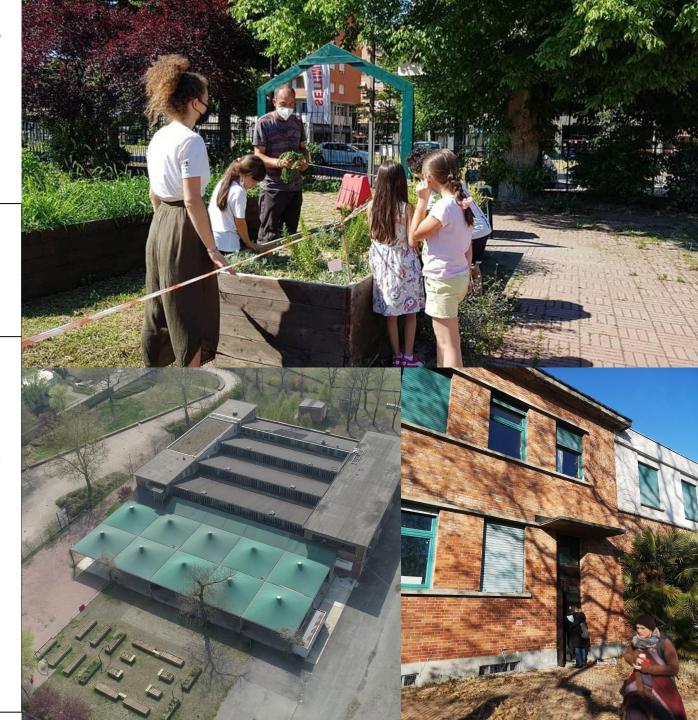


# NBS 3.3: Pollinator friendly gardens at WOW

# **Description**

**Orto wow** is composed of garden boxes with aromatic plants and other melliferous plants in the courtyard of an abandoned public building.

4 local NGOs signed a "pact of collaboration" with the city to manage the area.



# NBS 3.4: School garden in box



# **Description**

By establishing vegetable gardens in all the primary schools of Mirafiori, plus two kindergarten and one vocational **school**, and providing educational activities focusing on the themes of sustainable agriculture, biodiversity and the NBS of proGlreg, we aim at improving the science curriculum of the schools, increase their attractiveness and raise awareness of environmental sustainability, NBS and how they can improve life quality in the cities.

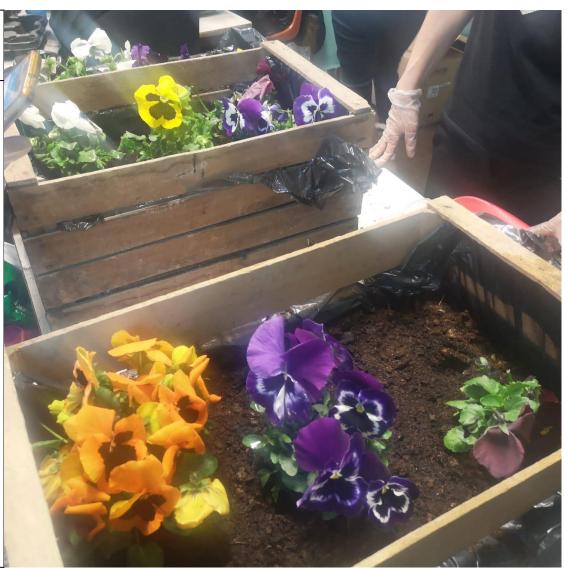


# NBS 3.5-6: Portable school gardens-Community school gardens



# **Description**

The urban laboratory "OrtoMobile" promote by ITER - City of Turin that has as its common thread " micro garden in box" interpreted as a unit minimum of "Natural Based Solution" easy to implement for all ages, with high degrees of socialization, both in the classroom and at home, with considerable potential for composition that enables the realization of simple and effective installations of indoor and outdoor areas in the schools.



# **NBS 3.7: Gardens between houses**



# **Description**

The action consist in the installation of wooden boxes for urban horticulture on public space in the South Mirafiori district.



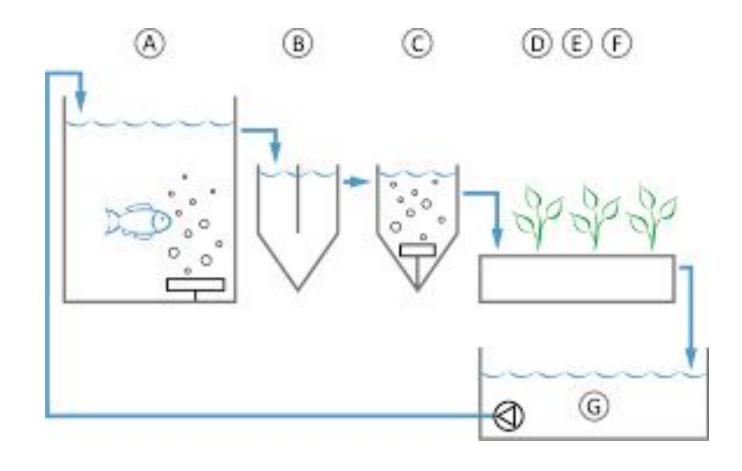
# **NBS 4: Aquaponic test**



# **Description**

Testing in real conditions innovative solutions in the field of technology called aquaponics, in order to assess the potential access and market sustainability as well as the related positive effects on the communities of reference.

The city launched a call, 2 projects are starting.



# **NBS 5.1: New green roof at Casa nel Parco**



# **Description**

New Access to Green Roof on top of "Casa del Parco": realization of the physical access and the improvement of the already existing green roof at Casa del Parco, with the aim to improve its use by citizens, even disabled and aged people. The new access to the green roof at Casa del Parco will allow to use this NBS by all for recreational activities.



# NBS 5.2: Green Wall at school (indoor)

# **Description**

Green wall with dimensions of 20 square meters (school indoor) It will be positioned at a height between 0 and 3 m above the ground floor in a hallway corridor with a large roof-window.

The botanical choice of the indoor wall will instead be agreed with the project group of POLITO.







# NBS 5.3: Green wall at homeless shelter (outdoor)

# **Description**

Green wall mq 80 (outdoor made with self-supporting structure compared to the anchor wall) in a homeless dormitory. The botanical characteristics of these small seedlings can be chosen by the successful bidder according to the nursery experience gained, considering the aesthetic and chromatic elements to be obtained with the green wall, on the one hand, and on the other hand identifying nursery material able to attract pollinating insects (bees, bumblebees and butterflies).





# NBS 5.4: New green roof at WOW

# **Description**

The project concerns the realization of an extensive green roof on a public building, currently abandoned. The green roof is realized using the green roof technology supplied by Harpo Group, composed by layered materials: antiroot waterproofing, water retention felt, drainage, storage and ventilation elements, filter sheet and 14 cm of substrate, produced by Harpo specifically for green roofs, mainly made by mineral-based material (volcanic lapillus, pumice).







# **NBS 6.1: Green corridor**

# **Description**

The project started from the need to carry out actions to involve citizens in safeguarding, maintenance and design of the territory aimed at the redevelopment of green areas within urban areas and to promote the composition of embryonic ecosystem services with positive reverberations both on human beings and on other species, whether animal or plant.







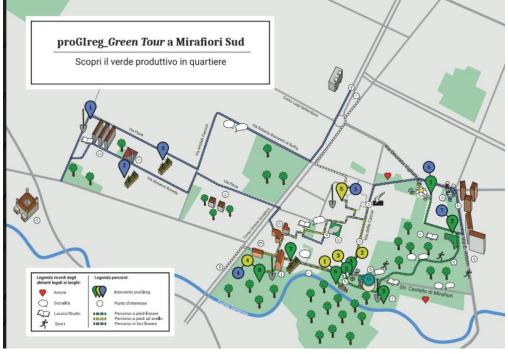
# NBS 6.2: Local natural heritage enhancement in green corridor

# m proGlreg

# **Description**

The aim of this action is to facilitate access to the NBS implemented by proGlreg, by placing landmarks/signs, providing information both on site and online, and organizing activities and visits for the residents.





# NBS 7: Strategic public-private partnership for greening the City



# **Description**

The aim of this NBS is to identify, collect and display tools and concrete opportunities in order to allow the Administration to improve the green assets of the City. The engagement of the private sector can boost the development of green areas by giving win-win solutions.



# NBS 8: Butterfly gardens in schools and for disadvantaged people.

# **Description**

## Citizen science project

The objective of the project is to **promote the presence of butterflies** in the city of Turin through the creation of a network
of green areas which, with proper management and with the
presence of suitable plants (food plants and nectar sources) for
the life cycle, allows butterflies to cross the urban area,
otherwise seen by these insects as a wall. The scientific aim of
the project is accompanied by the social purpose, the **involvement of fragile people** with mental or physical
disabilities, against isolation and social stigma.





















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